



NORTH CAROLINA BOARD
of LICENSED CLINICAL
MENTAL HEALTH
COUNSELORS

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September 18, 2023

VIA CERTIFIED MAIL

Jamie Gaskin, LCMHC
2729 Millbrook Road
Fayetteville, NC 28303

RE: *North Carolina Board of Licensed Clinical Mental Health Counselors
Case Nos. 1982, 2068 and 2070*

Dear Ms. Gaskin:

I am the Investigator for the North Carolina Board of Licensed Clinical Mental Health Counselors (the Board). On September 7, 2023, the Ethics Review Committee of the Board (the Committee) reviewed the information pertinent to the above referenced matter.

The Committee found probable cause to believe that you had violated provisions of the North Carolina Licensed Clinical Mental Health Counselors Act and the American Counseling Association Code of Ethics (2014).

Specifically, the Committee alleges the following:

During the time period starting on or about August 2016, you provided outpatient counseling services to Client A who was referred to you for trauma counseling at a non-profit counseling practice setting. You initially provided weekly counseling services in your office, but later began meeting with Client A over lunch and extending the counseling sessions to four or five hours at a time. According to Client A, after about 4 months of counseling relationship, you invited Client A to live with you at your parents' house.

As Client A moved in with you, you began to control various aspects of Client A's life, such as controlling her finances as well as the treatment and medications she received from other medical providers. While Client A resided with you through November 2022, you violated her privacy and exercised undue influence in such a manner as to exploit Client A for your personal advantage or gratification. You manipulated, harassed, and abused Client A in an emotional, physical, and sexually intimate manner on a regular basis, which caused her severe emotion distress. You have also followed and "friended" Client A on social media.

Furthermore, during the time period starting on or about August 2018, you provided outpatient counseling services to Client B at a non-profit counseling practice setting. Client B was referred to you following her suicide attempt and hospitalization. Your counseling sessions with Client B increased to five-hour sessions and you eventually convinced Client B to move in with you in the home of your parents. You began to manipulate and control Client B's actions

and communications with her family and friends, which also interfered with her recovery during her hospitalization. While Client B resided with you from February 2019 through March 2022, you violated her privacy and exercised undue influence in such a manner as to exploit her for your personal advantage or gratification. You harassed and abused Client B in an emotional, physical, and sexually intimate manner, which caused her severe emotion distress.

Your inappropriate, manipulative, and abusive behavior was at times directed at both Client A and Client B simultaneously, as you shared a room with both clients in your parents' house. You coerced both Client A and Client B in such a way that caused them emotional harm and exploited them, as well as prevented them from seeking necessary services to address their mental health concerns.

In addition, you have failed to create and maintain documentation for any of your counseling services with either of the clients. Furthermore, you engaged in the behavior, as described above, that has raised competency and impairment concerns.

If true, the above-referenced conduct constitutes violations of Sections A.1.a., A.1.b., A.1.c., A.1.d., A.4.a., A.4.b., A.5.a., A.5.c., A.5.e., A.6.b., A.6.c., A.6.e., A.12., B.1.b., B.1.c., B.6.a., B.6.h., C.2.d., C.2.g., C.6.b., C.6.d., H.6.c, I.1.a., I.1.b. of the American Counseling Association Code of Ethics (2014) and violations of N.C. Gen. Stat. § 90-340 (a)(7), (a)(9), (a)(10), (a)(11), (a)(12), (a)(13), and (a)(14), of the North Carolina Licensed Clinical Mental Health Counselors Act.

The aforementioned allegations relate to your conduct as a Licensed Clinical Mental Health Counselor, and if proven, could provide cause for sanctions to be taken against your license. The information which the Board has received does not in itself provide sufficient evidence that these alleged acts have occurred. Consequently, the Board does not consider that any determination regarding possible sanctions against your license can be made without first providing you the opportunity to exercise your due process rights.

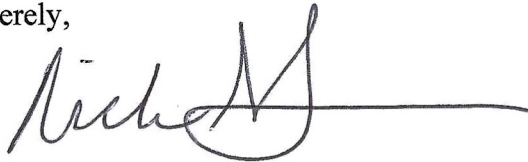
If you would prefer to resolve this matter through a Consent Order, please contact the Board's counsel, Alesia M. Balshakova, at abalshakova@ncdoj.gov. You may decline to do so and request a hearing before the Board regarding these allegations. You are entitled to request a hearing on these allegations by responding in writing within thirty (30) days of the receipt of this letter and requesting a formal hearing. If the Board does not receive a written response requesting a hearing within thirty (30) days of the receipt of this letter, the Board will hold a hearing, whether you are present or not. In either case, you will receive Notice of Hearing no later than fifteen (15) days prior to the date of the hearing notifying you of the specific time, date, and location of the hearing. You are entitled, with or without requesting a formal hearing, to present any additional statements or materials you may wish.

The above proceeding is a quasi-judicial evidentiary hearing conducted by the Board pursuant to Chapter 150B of the General Statutes of North Carolina as required by N.C. Gen. Stat § 90-340(e). You are entitled to present witnesses and introduce evidence on your own behalf and to cross-examine witnesses and examine evidence introduced on behalf of the Board. At the hearing, the Board will hear evidence regarding the charges set forth in this letter and will

determine what, if any, disciplinary action should be taken against your license to practice counseling. You are entitled to be represented by an attorney of your choosing and at your expense, or you may represent yourself. The Board will be represented by counsel at such a hearing. Following the hearing, the Board will issue a final decision, pursuant to N.C. Gen. Stat § 150B-42.

Should you have any questions about the procedure in such matters, or if you wish to discuss informal resolution of this matter, you may direct them to the Board's counsel, Alesia M. Balshakova at abalshakova@ncdoj.gov.

Sincerely,



Nick DeJesus | LCMHCS

Ethics Consultant & Board Investigator

NC Board of Licensed Clinical Mental Health Counselors

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Cc: K. Brandon Remington (Attorney for the Licensee)