

STATE OF NORTH CAROLINA

BEFORE THE NORTH CAROLINA  
BOARD OF LICENSED CLINICAL  
MENTAL HEALTH COUNSELORS

IN THE MATTER OF: )  
)  
SHENAE WHITEHEAD, Ph.D., LCMHCS )  
Respondent. )  
No. 1868 and 2050 )

**CONSENT ORDER**

THIS CAUSE, coming on to be heard and being heard before the North Carolina Board of Licensed Clinical Mental Health Counselors (“the Board”), at its meeting on July \_\_, 2024, pursuant to a charge letter issued by the Board on March 12, 2024, which is now pending; and

IT APPEARING to the Board that the Respondent has stipulated to certain facts and to the entry of a Consent Order in conformity therewith;

IT IS HEREBY STIPULATED by the undersigned Respondent and the Board that:

1. Respondent was at all times relevant to this cause a licensed clinical mental health counselor supervisor (“LCMHCS”) and is subject to the Board’s jurisdiction pursuant to the North Carolina Licensed Mental Health Counselors Act, Chapter 90, Article 24 of the North Carolina General Statutes.
2. In case number 1868, in a consent order with the North Carolina Psychology Board, dated November 4, 2021, Respondent’s license to practice psychology was disciplined and she received additional education and supervision. The Board adopts and incorporates the findings contained in the North Carolina Psychology Board consent order dated November 4, 2021, which is attached hereto.
3. In case number 2050, in a consent order with the North Carolina Psychology Board, dated February 9, 2023, Respondent’s license to practice psychology was disciplined and she received additional supervision. The Board adopts and fully incorporates the findings contained in the North Carolina Psychology Board consent order dated February 9, 2023, which is attached hereto.
4. Respondent admits that her conduct as set forth above violates Sections A.1.a., A.4.b., C.2.a., C.4.a., C.4.b., C.6.b., E.2.a., E.2.c., and E.5.a. of the American Counseling Association Code of Ethics (2014) and violations of N.C. Gen. Stat. §§ 90-340 (a)(5), (6), (a)(7), (a)(9), and (a)(12) of the North Carolina Licensed Clinical Mental Health Counselors Act.
5. The Board and Respondent wish to avoid the time and the costs associated with full litigation of this matter and, *in lieu* of any proceedings, enter into this Consent Order.
6. Respondent expressly waives notice of hearing, a hearing, the making of findings of fact and conclusions of law, and all further proceedings before the Board to which the Respondent may be entitled by law. Respondent further agrees that presentation of this Consent Order to the Board for

approval shall not constitute improper *ex parte* communication between the Board and its counsel, or the Board and its staff, nor require the recusal of the members of the Board from consideration of this matter before the full Board, should a hearing be required in this case.

7. Respondent forever releases the State of North Carolina, the North Carolina Board of Licensed Clinical Mental Health Counselors, and all its members, officials, agents, representatives and employees, both past and present, in their individual or official capacities from any and all liability, suits, claims, and causes of action, arising prior to or as a result of the execution of this Consent Order.

8. Respondent waives the right to seek judicial review or to otherwise challenge the validity of this Consent Order in any court. Respondent understands and agrees that this Consent Order shall be effective only after approval by the full Board and signature of its Chairperson.

9. Respondent acknowledges that she was either represented by legal counsel in connection with her consideration and execution of this Consent Order or, alternatively, that she was free to engage such legal counsel to advise her concerning this Consent Order and its terms prior to the time that Respondent executed this Consent Order and that she alone decided not to engage such legal counsel.

10. This Consent Order contains the entire agreement between the undersigned, there being no agreement of any kind, verbal or otherwise, which varies, alters, or adds to this Consent Order.

11. This Consent Order shall constitute disciplinary action against the license of Respondent, pursuant to N.C. Gen. Stat. §90-340(a) and (b).

Based upon the record and the foregoing stipulations,

NOW, THEREFORE IT IS HEREBY ORDERED as follows:

I. Once the North Carolina Psychology Board confirms that Respondent has met all of the supervision requirements specified in the consent orders with that Board dated November 4, 2021, and February 9, 2023, this Board will accept those hours. In addition to those hours, Respondent shall complete a minimum of 1000 hours of supervised clinical mental health practice. The supervised experience shall be completed at a rate of no more than 40 hours per week (one hour of individual supervision per 40 hours of professional practice). The supervisor shall file quarterly reports and a final report with the Board.

II. The supervisor shall be approved by the Board pursuant to Administrative Rules 21 NCAC 53 .0702 and 21 NCAC 53 .0801 to supervise Respondent's professional practice, prior to the beginning of supervision. The supervision contract shall be filed with the Board office no later than 60 days from the date of this Order.

III. Respondent shall provide a copy of this Consent Order to her supervisor(s). The supervisor(s) shall confirm the receipt of the document in the supervision report.

IV. Respondent shall bear any costs and associated expenses of the supervision.

V. Respondent shall submit an updated Professional Disclosure Statement with the Board that separates out her counseling practice from her practice of psychology within 60 days from the date of this Order.

VI. Respondent shall not use her supervisor credential until she completes the terms of this consent order.

VII. The failure of Respondent to abide by any provisions of this Consent Order, if proven true by a preponderance of the evidence following notice and an opportunity for hearing, may result in the suspension, revocation, or other disciplinary action against Respondent's license, including seeking an injunction in Superior Court, in the Board's discretion.

VIII. The Board shall maintain this Consent Order as a public record pursuant to N.C. Gen. Stat. §§132-1 and 90-340(f) and shall provide copies to the American Counseling Association and the National Board of Certified Counselors, and to other agencies or individuals as required by law.

[The rest of this page is intentionally left blank].

This the \_\_\_\_\_ day of \_\_\_\_\_, 2024.

CONSENTED TO BY:

NORTH CAROLINA BOARD OF  
LICENSED MENTAL HEALTH COUNSELORS

BY: DocuSigned by:  
Mark Schwarze 5/13/24  
CC55BEBD6D454AE...  
Dr. Mark Schwarze, LCMHCS, NCC, LCAS, CCS date  
Board Chairperson

RESPONDENT:

Shenae Whitehead Ph.D., LCMHCS 5/13/24  
Shenae Whitehead Ph.D., LCMHCS date

Crystal S. Carlisle 5/13/24  
Crystal Carlisle, Attorney for Respondent date