

Winter 2020

NORTH CAROLINA
BOARD of
LICENSED CLINICAL
MENTAL HEALTH
COUNSELORS

The Board Insider

Volume 6

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Board Office Hours

**The Board Office is closed to
visitors at this time.**

Monday	8:30—5:00
Tuesday	8:30—8:00
Wednesday	8:30—5:00
Thursday	8:30—8:00
Friday	8:30—5:00
Saturday	Closed
Sunday	Closed

Message from the Board Chair

Dear Licensees and applicants:

Pursuant to Sections 4.38.(b) and {d) of SB 704, the Board has determined that, due to the impacts of the coronavirus, it is in the public interest, including the public health, safety, and welfare and the economic well-being of the citizens and businesses of the State, to extend the following deadlines:

- 1) The licenses that are due to be renewed on June 30, 2020 will not expire until January 10, 2021.
- 2) The applicant for renewal will have to return the properly completed documentation for renewal ("Board's Notice for License Renewal"), together with a renewal fee of two hundred dollars (\$200.00), and evidence of continuing counselor education as approved by the Board, by December 31, 2020.
- 3) The biennial renewal fee of two hundred dollars (\$200.00) shall be due and payable by December 31, 2020. Failure to pay the biennial renewal fee by June 20, 2020 will not suspend the license.
- 4) A licensee, who allows the license to lapse for failure to apply for renewal by December 31, 2020, will be subject to the late renewal fee of seventy-five dollars (\$75.00).
- 5) Failure to apply for renewal of an expired license, which was due to be renewed in 2020, by June 30, 2021 will require that a license be reissued only upon application as for an original license.
- 6) The deadline for completing continuing education requirements implemented by the Board is extended to December 31, 2020.



Denauvo Robinson
Board Chair

("Message From the Board Chair" continues on the following page)

NCBLCMHC Mission

The mission of the Board under NC GS Article 24 section 90-329 states that, it is declared to be the public policy of this State that the activities of persons who render counseling services to the public be regulated to insure the protection of the public health, safety, and welfare.

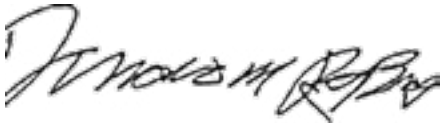
NCBLCMHC Headquarters: 2-C Terrace Way, Greensboro, NC 27403

Toll free: 844-622-3572 or 336-217-6007 | Email: LCMHCinfo@ncblcmhc.org

www.ncblcmhc.org

- 7) The deadline to satisfy the requirements for applications which are due to be satisfied between March 10, 2020 and June 25, 2020 pursuant to the Administrative Rule 21 NCAC 53 .0308, is extended to September 25, 2020.
- 8) The deadline to satisfy the requirements for applications which are due to be satisfied between June 25, 2020 and December 31, 2020 pursuant to the Administrative Rule 21 NCAC 53 .0308, is extended by three (3) months.

Please note that these extensions do not affect any other deadlines or renewal periods as stated in the North Carolina Licensed Clinical Mental Health Counselors Act or the Board's Administrative Rules.



*Dr. Denauvo M. Robinson, NCC, LCMHCS
Board Chair, NCBLCMHC*

Reminders about Supervision:

Supervision contracts must be mailed — No emails or faxes.

You must hold the LCMHCA license or work in an exempt setting (school, university, government agency) before we can approve a supervision contract.

The supervision contract must be completed using **the form** provided by the Board. LCMHCAs must receive approval of the supervision contract before rendering counseling services. Notifications of approvals (or denials) are sent to the supervisor. However, LCMHCAs can view their approved supervisors by logging in to their online portal. Contracts are usually reviewed within 2 weeks of receipt.

If receiving supervision from more than one supervisor, a separate supervision contract form shall be filed for each qualified clinical supervisor. A separate supervision contract form shall be filed for each separate work setting, and each supervisor must be approved.

Quarterly Supervision Reports (QSRs) should be submitted. Doing so helps to ensure that supervision is properly documented and that your supervision contract was approved. **QSRs cannot be submitted by the supervisee; they must be submitted by the supervisor.**

Quarterly report due dates are:

- Q1 (Jan. 1 – March 31) – report must be submitted by April 30
- Q2 (April 1 – June 30) – report must be submitted by July 31
- Q3 (July 1 – Sept. 30) – report must be submitted by October 31
- Q4 (Oct. 1 – Dec. 31) – report must be submitted by January 31

The Board does not require the submission of hours on QSRs. **All hours are to be reported to the Board on final supervision reports.**

Scenario: A LCMHCA who had been receiving supervision for more than a year cannot count those hours because the supervision contract was never received, and since the QSRs were not submitted, we had no way of knowing. If the QSR was received, we would have been able to notify the LCMHCA to let them know that they did not have a supervision contract on record.

Supervisors who are not an LCMHCS must submit an official transcript documenting the equivalent of three-semester graduate credits in clinical supervision from a regionally accredited institution of higher education or 45 contact hours of continuing education in clinical supervision as defined by Rule .0603(c), or you can apply to be a Qualified Clinical Supervisor. **Click to find out more.**

Meet the Board

Denauvo Robinson
Board Chair

Kyla Kurian
Vice Chair

Katherine Glenn
Ethics Chair

Charles Wentz
Board Member

Mark Schwarze
Board Member

Gussie Tate
Board Member

Edward “Neal” Carter
Board Member

Awareness Months

December is...

- Birth Defects Awareness Month
- Blood Donor Month
- Healthy Weight Awareness Month
- National Stress-Free Family Holidays Month

January is...

- National Mentoring Month
- National Stalking Awareness Month
- National Winter Sports Traumatic Brain Injury (TBI) Awareness Month
- Poverty in America Awareness Month

February is...

- African Heritage and Health Week (first week of February)
- Black History Month
- Children’s Mental Health Awareness Week (Feb. 3–9)
- National Eating Disorder Awareness Week (February 7, 2021 - February 13, 2021)
- Eating Disorders Awareness and Screening Week (Feb. 24–March 1)
- Teen Dating Violence Awareness Month

A Note about CEUs

When applying for LCMHCS or the Qualified Supervisor (QS) continuing counselor education must be provided by one of the following national organizations, their affiliates or by a vendor approved by one of the following organizations:

- American Association of State Counseling Boards (aascb.org)
- American Counseling Association (counseling.org);
- Commission on Rehabilitation Counselor Certification (crrcertification.com); and
- National Board for Certified Counselors (nbcc.org).

[Click here for Approved Providers.](#)

Mark Your Calendars

2021

28 JAN

Board Meeting

January 28–29, 2021

19 FEB

Deadline

Receipt of application material to be reviewed at April 8th Board meeting.

5 MAR

Board Hearings

March 5, 2021

8 APR

Board Meeting

April 8–9, 2021

28 MAY

Deadline

Receipt of application material to be reviewed at July 22nd Board meeting.

4 JUN

Board Hearings

June 4, 2021

22 JUL

Board Meeting

July 22–23, 2021

27 AUG

Deadline

Receipt of application material to be reviewed at October 14th Board meeting.

10 SEP

Board Hearings

September 10, 2021

14 OCT

Board Meeting

October 14–15, 2021

26 NOV

Deadline

Receipt of application material to be reviewed at January 2022 Board meeting.


10 DEC

Board Hearings

December 10, 2021

NOTE: In order for an applicant to be licensed at the Board of Directors meeting, all application supporting documents should be in the office prior to the deadline(s) listed above.

* G.S 143-318.18(6)



NC Board of Licensed Clinical Mental Health Counselors Operations in Response to COVID-19 Outbreak

As of December 14, 2020, the Board office is closed to the public due to COVID-19.

In response to the directive from Gov. Roy Cooper that state agencies implement teleworking in response to the COVID-19 outbreak, the North Carolina Board of Licensed Clinical Mental Health Counselors has implemented teleworking arrangements for Board staff members. Due to this change, please limit phone calls and email all questions and concerns to LCMHInfo@ncblcmhc.org.

If you still decide to call, please leave a voicemail providing your name, email address, phone number and a detailed description of your inquiry. However, for the quickest response, please use email. The expectation is that the teleworking will allow for the seamless continuation of the Board's functions while limiting any impact to licensees, applicants and the public. If you do experience a delay in receiving a response from a Board staff member during this fluid and unprecedented situation, your understanding and patience will be appreciated.

As the Board office is closed to visitors at this time, you should send and/or email, and not hand deliver, all documents to the Board office. The Board will continue to update you via the website as we continue to learn of the new developments that affect our profession. Thank you for your patience and for being a valued member of our community. (Last updated: December 14, 2020)

Disclaimer: All information provided by the North Carolina Board of Licensed Clinical Mental Health Counselors (hereafter "the Board") on this web site is made available to provide immediate access for the convenience of interested persons. While the Board believes the information to be reliable, human or mechanical error remains a possibility, as does delay in the posting or updating of information. Therefore, the Board makes no guarantee as to the accuracy, completeness, timeliness, currency, or for any errors or omissions, or for the use or results obtained from the use of this information. All access to and use of this web site is governed by the Disclaimers as set forth by the Board.



General Resources for Counselor Educators

NBCC's Professional Resources Department has compiled helpful information for those of you who are working through transitioning into an online learning environment.

- [Prepare to Move Online \(in a Hurry\)](#)
- [Understanding by Design – Backward Design](#)
- [ACES Guidelines for Online Learning in Counselor Education](#)
- [Experiences of Faculty Members Transitioning from Land-Based to Online Counselor Education](#)
- [VISTAS - A Dialogue on Strategies for Effective Online Counselor Education Instruction](#)
- [Beyond the Myth of the Pajama Party - Delivering Quality Online Counselor Education and Supervision](#)
- [Cultural Impacts on Distance Learning, Online Learning Styles, and Design](#)
- [Designing Deeper Learning Experiences for Online Instruction](#)
- [Thoughtfully Designed Online Courses as Effective Adult Learning Tools](#)
- [Guide to Online Education](#)
- [Instructional Methods for Online Learning](#)
- [How to Be a Better Online Teacher](#)
- [10 Tips for Success from New Online Teachers](#)
- [20 Tips for Teaching an Accessible Online Course](#)
- [Understanding Document Accessibility](#)
- [20 Best Practices and Expectations for Online Teaching](#)

For those looking for online counseling resources:

- [Search for Board Certified-TeleMental Health Providers](#)
- [Endeavors](#)
- [Talkspace](#)
- [BetterHelp](#)
- [Family Essentials Counseling](#)
- [Christian Family Solutions](#)
- [TeleMental Health Network Virtual Counselor](#)
- [Insight Renewal Center](#)
- [MD Live](#)
- [LiveHealthOnline](#)
- [AmWell](#)
- [Plush Care](#)
- [Best Telemedicine Apps of 2019](#)